

# MPOX

## WHAT YOU NEED TO KNOW

- Mpox is a virus that spreads through close personal, often skin-to-skin contact. It also spreads through handling personal items like clothing and linens from an infected person.
- Mpox commonly causes flu-like symptoms and a rash that can look like pimples or blisters.



## HOW TO PREVENT MPOX

- Wash your hands often with soap and water or an alcohol-based hand sanitizer.
- Avoid close skin-to-skin contact with people who have a rash that looks like mpox.
- Do not touch or handle the clothing, towels, or bedding of a person with mpox.

## SEEK MEDICAL ATTENTION IF YOU DEVELOP SYMPTOMS

Mpox cases are increasing worldwide.  
Stay up to date by visiting [cdc.gov](https://www.cdc.gov)

