

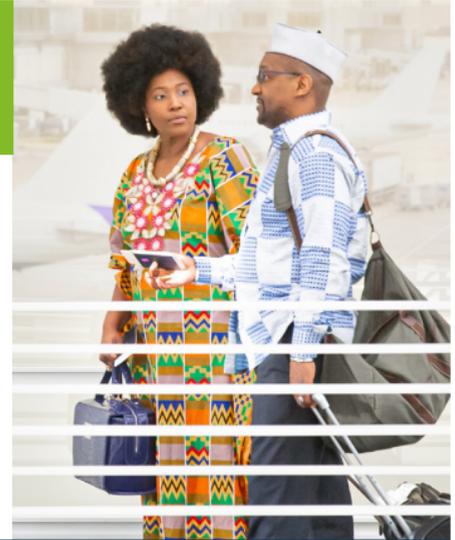


Your Medicine

## At Home

- Call multiple pharmacies and ask how much your medicine will cost — prices can vary even within a single pharmacy chain.
- Search online for discount websites to compare drug prices and search for online coupons.
- Call your insurance company. Some companies will grant you a 'vacation waiver' to cover prescriptions for trips longer than 30 days.
  - You might need to pay the full price for your medicine up front but you can request a refund by filling out a claim form and sending it to your insurance company when you come back.
- Call your doctor's office and explain your issue (such as you can't get enough pills or prescription is too expensive) and ask for a substitute prescription.

What To Do If Your  
Travel Medication  
Is Too Expensive



***It Costs  
HOW MUCH?!?***

# It Costs HOW MUCH?!?

## What To Do If Your Travel Medication Is Too Expensive



*At the Doctor*

### At the Doctor

- Tell your doctor if you plan to travel out of the country. Tell them where you are going and how long you will be traveling. Your doctor can give you important information about how to protect your health, including ways to prevent malaria for you and your family.
- If you don't have insurance or have Medicaid/Medicare, tell your doctor you are worried about medication costs and that you need the most affordable medication.
- Ask your doctor to give you a paper prescription if you plan to shop around for the best price for your medicine.
- Ask your doctor if they have any ideas on how to decrease the cost of your medicine.



*At the Pharmacy*

### At the Pharmacy

- Ask the pharmacist if they can give you a generic or less expensive form of the medicine.
- Ask the pharmacist if they know about any discount cards or coupons for your medicine.
- Ask the pharmacist to call your doctor's office to change to a more affordable one.
- If the prescription was sent to the pharmacy electronically, ask them to forward the prescription to another pharmacy if you find a better price.

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